



Niwot Youth Sports, Inc.

Sample Competitive Volunteer Coach Application

Sport: BASEBALL Age/Grade: U11 - MAJORS Circle One: Boys / Girls
 Circle One: Head Coach / Assistant Coach Application Date (mm/dd/yy): 03 / 04 / 03

Basic Information (required):

Name: First: John Middle Initial: _____ Last: Smith
 Address: 123 Main Street Date of Birth (mm/dd/yy): 01 / 02 / 60
 Appt/Unit: _____ SSN: 123 - 45 - 6789
 City/ST/Zip: Any Town, CO 80503 Circle One: Male / Female
 Phone: (H) 123-456-7890
 (M) 567-890-1234 email: johnsmith@xxxxxxx.com

Qualifications:

Previous Coaching Experience Summary (list applicable experiences):

	<u>Youth Sports</u>	<u>High School Sports</u>	<u>College Sports</u>
Years of Experience:			
Recreational	<u>1 yr</u>	_____	_____
Intramural	_____	<u>2 yr</u>	_____
Competitive	_____	_____	_____

Education/Seminar(s)/Certification(s) (list applicable educational and certification experiences):

<u>Mo/Yr</u>	<u>Organization / Activity / Level</u>
<u>03/96</u>	<u>Positive Coaching Alliance / Seminar / NA</u>
<u>05/99</u>	<u>Gold Crown / Skills and Drills / NA</u>
_____	_____
_____	_____

P.O. Box 125
 Niwot, Colorado 80544-0125



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Sample Competitive Volunteer Coach Application (continued)

Previous Coaching Experience (*list applicable experiences*):

<u>Mo/Yr</u>	<u>Level</u>	<u>League / Comment</u>
06/85	Tee Ball	NYS / NA
10/78	HS Intramural	NHS Intramural Basketball Player Coach /NA
10/77	HS Intramural	NHS Intramural Basketball Player Coach / NA

Coaching and/or Athletic Participation Reference(s):

League: NYS	Contact: Jack Frost
Position: President	Phone: 987-654-3210
League: NHS Intramural Basketball	Contact: Mary Smith
Position: AD	Phone: 987-123-1234
League: Volunteer Fire Dept	Contact: Sam Spade
Position: Co Worker	Phone: 987-987-9876

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Sample Competitive Volunteer Coach Application (continued)

Team Plan (HEAD COACHES ONLY TO COMPLETE THIS PAGE - please articulate team priorities, objectives, practice structure, condition, teaching methods, provide player feedback to improve & develop, distribute playing time, etc.):

Mission:

Our team mission is to have fun and strive to win by teaching baseball fundamentals to each player so that they execute them as second nature during practice and games.

Priorities:

Our priorities will change as the season progresses. Up until our first league game, fundamentals will be our highest priority followed by conditioning, situational awareness and execution. Once we've started league play, priorities will shift to execution, anticipation, situational awareness and then fundamentals.

The baseball fundamentals all players must master are: fielding, throwing, base running, hitting, and bunting. Illustrated handouts along with daily drills and exercises will be given to each player so they can work on the proper fundamentals at home.

Practice Structure:

Prior to starting league play, practices will be organized as ... warm-up, conditioning, general stations (hitting, fielding, throwing, footwork, eye-hand coordination), skill stations (pitching, catching, infield, outfield and base-running) and ending each practice with team conditioning.

After League play begins, practices will change to focus on the areas needed to improve based on the previous game's analysis. We will always follow the following format; warm-up, mild conditioning, improvement activity (stations, situational play, etc.), skill stations (pitching, catching, hitting, fielding), infield, outfield, improvement review, scrimmage, team conditioning.

Game time:

The amount of time a player plays will depend on their individual proven skills and the current game situation. It is possible that a player may not play in each and every game. Our intent is to strive to win each and every time we walk on to a baseball diamond. We will place players in the position that is best for the team and will play players that give us the greatest chance of winning. For those players who have not fully developed their skills, they will play more when we have a substantial lead, play teams that are weaker, or when the game situation dictates that their skills are required at a given point in time (pinch-running, pinch-hitting, stealing, etc.)

Player feedback:

In general, direct player feedback will be given during practice and games. We hope to keep this feedback positive in nature.

A one-on-one player feedback session will be scheduled with each player prior to the first league game. An additional one-on-one player feedback session will be scheduled with each player prior to the league tournament. This feedback session is intended to let each player know where they have improved and what areas need additional work. Every player is encouraged to ask a coach at any time during the season where they stand and what they can do to get better.

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Athletic Program, Team or Organization Suspensions (*if you have been suspended or are currently serving a suspension from any athletic program, team or organization, please list*):

<u>Mo/Yr</u>	<u>Organization - Reason - Duration - Contact</u>
	NONE
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Attachments (*if attachments are provided, please list them by document name and/or file name*):

	<u>Document / File Name</u>
Attachment 1:	NONE
Attachment 2:	_____
Attachment 3:	_____
Attachment 4:	_____
Attachment 5:	_____

I John Smith attest the information provided above is complete, accurate and I have not intentionally withheld information that would influence or give Niwot Youth Sports (NYS) cause to not approve me as a coach within the NYS organization. I understand falsification of information which I have provided above may result in the withdrawal of any NYS authorizations.

Name (print): John Smith

Signature: X Date: 03 / 04 / 03

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Sample Competitive Volunteer Coach Application – Check-list

- NYS Coach Application completed
- NYS Coach Application signed and dated
- NYS Coach Application Attachments enclosed
- NYS Coach Code of Conduct signed, dated and enclosed
- NYS Coach Application package provided to the NYS sport director