



## NIWOT YOUTH SPORTS 2013 YOUTH BASKETBALL RULES K/1 & 2<sup>nd</sup> Grade Divisions

### I. Playing Rules

- a. Game will be played on an 8 ft. basket.
- b. Basketball size – 27.0 – 27.5.
- c. Two 20 minutes halves with a running clock. Clock will stop only on dead balls in the last minute of each half.
- d. Each team will receive one 60-second time-out per half. Time-outs cannot be carried over into the second half.
- e. Players must receive equal playing time.
- f. Substitutions are unlimited, but must be made during a dead ball and must be approved by an official.
- g. Every player on the roster **must** play at least half of the game. Issues regarding missed practices and discipline may be handled by the coaches; however they must be discussed with the players and parents prior to the season disciplinary action against offending coach.
- h. Each half will begin with a jump ball.
- i. All teams must have at least four players to begin a game.
- j. No jewelry can be worn during game play.

### II. Offense

- a. Offense has ten seconds to advance ball to half-court.
- b. To allow the game to be played, double-dribbling and traveling are left to the discretion of the official. If the official does call a violation the official will explain the violation. Violation does not result in a turnover; team keeps possession.
- c. There are no free throw attempts. All fouls, even shooting fouls, will result in maintaining possession via inbounds play.
- d. No score will be kept.

### III. Defense

- a. No double teaming. Man-to-man defense only.
- b. No pressing, defense must set up at the free throw line before offense advances.
- c. The defense cannot steal the ball from the ball handler; steals only on a pass.
- d. No shot blocking; hands can be straight up and result in a block.

### IV. Uniforms

- a. Team uniforms will be provided by NYS and must be worn at all league games.
- b. Participants must wear shorts or sweats without pockets or zippers – no jeans or cutoffs.
- c. Non-marking tennis shoes must be worn – no boots, cleats, sandals, crocs or bare or stocking feet.

### V. Sportsmanship

*NYS will not tolerate unsportsmanlike conduct by any player, coach, or spectator. Players and coaches violating this rule will be given an unsportsmanlike technical foul and could be escorted from the facility. Spectators violating this rule will be escorted from the facility. Any scorekeeper, official or gym/facility supervisor can make this call. Unsportsmanlike conduct includes, but is not limited to:*

- Taunting ("trash talking")
- Using unnecessarily rough tactics in the play of the game
- Shoving, striking or threatening an official, player or spectator
- Refusing to abide by an official's decision
- Using obscene gestures
- Using abusive verbal language