

Updated NYS 2020 Baseball/Softball GAME & PRACTICE Guidelines
Effective 6/17/2020

GENERAL COVID-19 GUIDELINES

- Everyone on NYS premises must follow state and county guidelines:
 - State of Colorado:
<https://covid19.colorado.gov/safer-at-home>
 - Boulder County:
<https://assets.bouldercounty.org/wp-content/uploads/2020/05/safer-at-home-summary-update-052620.pdf>
- Anyone age 13 and over must wear a mask while at NYS facilities when they are unable to maintain, or when not maintaining, social distance of at least 6 feet from any non-household members.

FAMILY/VISITOR SEATING

- Bleachers can only be used by those wearing masks.
- Otherwise, sit where you like, with proper social distancing between families.
- Maintain 6+ feet distance from player gear located along the fences.

BATHROOMS

- Port-o-Potties are sanitized twice per week. All visitors are required to sanitize their hands before using port-o-potties. Use at your own risk.

PLAYER FOOD/DRINKS

- Players bring their own drinks. No sharing with others.
- Clearly mark/label your drink container and keep it separate from others.
- No food/snacks of any kind in the dugout or on the field.
- No sunflower seeds, nuts (in shells) or gum allowed at NYS facilities.

ON THE FIELD

- Dugouts - Can be used only during games.
 - Masks required by everyone in dugouts.
 - Players not in the dugout can stay 6 ft apart outside the dugout or sit with family.
- No high fives or other close contact celebrations.
- Social distancing must be maintained for team/group discussions.
- Players and Coaches should use hand sanitizer before and after every practice.
- Coaches are asked to wipe down commonly touched surfaces before and after each game or practice. L-screens should be wiped down if handled.

EQUIPMENT

- Player bags/gear - Placed on outside of fences, spaced by 6+ ft, when possible.
- Players must have their own glove, bat and batting helmet.
- Players may not share any equipment, except as outlined below.
- Exception: Team catcher's gear.
 - Must be wiped down before each new catcher uses it.

- Catchers must use hand sanitizer before putting on catcher's gear.
- Catchers may use their own personal gear, but may not share it.

BALLS

- Practice balls
 - Coaches use as you see fit.
- Game balls
 - Both coaches provide one new ball and one very good used ball.
 - Coach provides pitcher with a game ball at start of their defensive half inning.
 - Coach provides pitcher with good used ball when needed (ball out of play).
 - Defense returns game ball to their coach when their defensive half inning ends.

BATTING CAGES

- Batters waiting must stay at least 6 ft from the netted area and each other.
- No more than one batter waiting at a time.
- Batter that just finished must depart the netted area before the next batter can enter.

SCOREBOOK

- Coaches will be provided with a traditional scorebook.
- Lineups should be provided to scorekeepers electronically.

PARENT CHECKLIST BEFORE PLAYERS JOIN PRACTICES OR GAMES:

- Parents should ask themselves the following questions before bringing their child to any NYS facility/field complex for any game/practice:
 1. Has your child had close contact with anyone with respiratory illness or a confirmed or probable case of COVID-19?
 2. Does your child have any of the following new or worsening symptoms or signs?
 - Fever
 - New or worsening cough
 - Shortness of breath
 - Sore throat
 - Runny nose, sneezing or congestion (in absence of underlying reasons for symptoms such as seasonal allergies and post nasal drip)
 - Hoarse voice
 - Difficulty swallowing
 - New smell or taste disorders
 - Nausea/vomiting, diarrhea, abdominal pain
 - Unexplained fatigue/malaise
 - Chills
 - Headache
- If the answer to any of these questions is "yes", then your child should not attend any activity (game or practice). If already there, you should immediately leave the NYS facilities and must email this information to your head coach within 24 hours. The Head Coach will notify the Director of Baseball or Softball.